

Happy New Year!

Dear Brothers and Families:

Yes, indeed. Happy New Year! It's that time of year where everyone is considering or talking about making resolutions. Have you made any yet? Or, maybe the realistic question is, "Have you already broken some of them?"

Here are 10 popular New Year's Resolutions from Google, along with a few of my own.

1. **Get in Shape** – for some of us this means to lose some weight, exercise more and staying fit; to stop smoking or to eat healthier foods.
2. **Stop Procrastinating** – I don't know about you, but I'm going to put this off for yet another year!
3. **Improve my Prayer Life** – there's an app for that. Try the **Laudate** app. It claims to be the most downloaded Catholic app. It has an immense library of prayers, devotions, daily readings, podcasts, and Vatican documents.
4. **Improve on a Skill or Develop a New Hobby** – maybe you want to lower your golf handicap or learn to bowl or... I've always wanted to _____.
5. **Be more Thankful** – God has blessed me in so many ways and sometimes I forget to thank Him for all of those things, usually because I'm too busy asking for something else.
6. **Spend more Time with the People that Matter the Most** – sometimes I get so busy working, going to some meeting, or have over-extended myself, that I don't focus enough on those in my life that are a driving force for me: my wife and children. I want to create greater balance in my life and spend more time with my family.
7. **Reduce Stress** – WOW! In this sometimes hectic and seemingly crazy world, it's easy to get swallowed up in the latest tragedy and worry too much. Cutting out those sources of stress or learning how to deal with them more effectively means a more settled life.
8. **Read More** – With so much on the internet, TV and radio it's easy for me to get lost in them. Reading for pleasure has become something of a lost art. Think about the last book you read; I just read *Hearts of Fire* about eight women in the Underground Church and their stories of costly faith. It was hard to put down.
9. **Spend Wisely** – it's so easy to spend money on things we really don't need, buy on a whim or because we're keeping up with the Jones.
10. **Review Your Financial Health** – whatever your current situation, it's always a good idea to take stock on a yearly basis.

Now this last resolution I can definitely help you keep. Resolve to meet with me this year to update your Family Service Record and see where you stand. Your financial health is critical to your family's future security. As your field agent I have so much more responsibility than a financial advisor or stock broker. We take a look at your dreams, goals and aspirations and make sure you're on track to make them become a reality. I focus not only on assisting you in setting a course to achieve your dreams, but also share with you and your family, as a brother Knight, our Catholic Difference.

Let's meet this month to set a course for you and your family to assist in your years of retirement and future aspirations. To schedule an appointment, contact me at (805) 478-5200 or george.majoue@kofc.org. I look forward to seeing you at your next council meeting.

Fraternally yours,

George

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